

63

SIXTY THREE

DRIVEN BY INSPIRATION 

Bryan Adams.

Performer &
Photo Artist.

NICK VEASEY.

The man with the X-ray eyes.

SOUTH AFRICA.

A travel diary.

CHRISTINE THEISS.

Dr. Kick, reloaded.



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WELCOME TO THE WORLD'S FASTEST FAMILY.



Dear Reader,

You are holding the third issue of our **63Magazine** in your hands! Time flies, and now more than ever we are looking for reasons and moments to stop and catch our breath. With that in mind, we have once again collated handpicked content for you in this issue.

Commitment, individuality, and expression are characteristics that have top priority at Mercedes-AMG. Those values are also embodied by Canadian Bryan Adams, whom we invited for an interview. He has been one of the most successful international rock stars since the 1980s, and for some time has also been making a name for himself with another art form: photographing other global stars. In conversation with us, he makes clear that his creativity has many facets, but he doesn't do anything by half measures.

We have shone a light on the fascination of photographic art in this issue and sent our Mercedes-AMG GT R for an X-ray inspection as a particular highlight. The expressive works by Brit Nick Veasey are really causing a stir on the art scene. Find out for yourself why that is ...

We were also fascinated by our Women's Event in Sweden. Or rather, by the women who turned the frozen lakes in the breathtaking landscape of Northern Sweden into a stage! They all proved that, contrary to the outdated convention, women, too, can have petrol coursing through their veins. In this issue, they show us how even that passion can be indulged on ice.

This issue takes you from the high north to the southern hemisphere. In our Travel Diary of the "rainbow nation" of South Africa, we have put together the perfect travel route for you. We also present the hot spots in Cape Town and interview Luke Dale-Roberts, who runs the restaurant "The Test Kitchen" in the Woodstock district of the city. Three stories full of interesting experiences that show what a strong impression South Africa made on us.

I hope you enjoy reading and get a moment to catch your breath!

Warm regards,


Tobias Moers
CEO of Mercedes-AMG



NEVER STAND STILL

Santoni
for
AMG



Bryan Adams
**PERFORMER &
PHOTOGRAPHER.**

The rock star also shines with his second passion: portrait photography!



Christine Theiss
PURE EMOTION.
Presenter, author, and much more: the former kickboxing world champion has reinvented herself.



Nick Veasey
X-RAY ART.
The British photographic artist combines art and science in fascinating works.



Style
GET THE LOOK.



Adventure
CAMPING LUXURY.
Decelerating in a premium mobile home.



Safari & beach
SOUTH AFRICA.
Too beautiful to sleep: ten unforgettable days in a wonderful country for travel.

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All stories, as well as additional content and videos, can be found on: amg4.me/63Magazine

IMPRINT

Editor and Publisher:

INSTYLE PRODUCTIONS GmbH
Bahnhofstraße 17
82372 Tutzing
Germany

Register number: HRB 174908, Munich District Court
VAT ID: DE 261074854
Tax number: 143/150/20817
Management and Sole Proprietor
Instyle Productions GmbH, Instyle Models,
Instyle fashion&art GmbH:
Claudia Schwarz

Printing:

Druckerei Vogl GmbH & Co KG
Georg-Wimmer-Ring 9, 85604 Zorneding
Sustainability is close to our heart. That is why we
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100% recyclable.

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ISSN 2626-8523

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according to the prescribed measurement procedures.
These are the “measured NEDC CO₂ values” according
to Art. 2, para. 1 and 2 of Implementing Regulation (EU)
2017/1153. The fuel consumption values were calculated
on this basis. The electricity consumption was calculated
on the basis of Reg. 692/2008/EC. The figures do not
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different vehicle types.
For further information on the official fuel consumption
and official specific CO₂ emissions of new cars, please re-
fer to the “Guide to the fuel consumption, CO₂ emissions,
and electricity consumption of new cars,” which is avail-
able free of charge at all points of sale and from Deutsche
Automobil Treuhand GmbH on www.dat.de.

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BRYAN ADAMS. EXPOSED

Performer & photographer.



A person full of contrasts: world-famous in his own right as a musician and composer, Bryan Adams has built up a formidable reputation for himself over the past decades as a photographer of international relevance.

Photography | Bryan Adams



Bryan Adams owes his meteoric rise in the world of photography to his rare talent for capturing a timeless elegance and subtle depths in his thought-provoking images. His work to date has won him prestigious awards and captured the imagination of gallery-goers around the world. It speaks to us of beauty and desire, but also of world-weariness and rebellion. The palpable sense of trust is perhaps only made possible by the fellow star and friend behind the camera.

Music and photography aside, you might find him riding the waves on his paddleboard on the Grenadine Island of Mustique, his adopted home. For him, awareness of sustainability and nature is far more than a passing trend. This is why from an early age, Bryan Adams has led a vegan and forward-looking lifestyle.

Inspired by his nature and infectious enthusiasm, **63Magazine** takes great pleasure in exclusively presenting the following interview:

When you're taking photographs of famous people, what do you focus on?

I think a good photo is simply something you remember, whether it's a famous person or not.

“HAVING TWO SIDES OF CREATIVITY IS A GOOD THING.”

What surprised you when you took pictures of the Queen and Amy Winehouse?

I worked with Amy many times. It was always fun and different with her. She was intrinsically shy and unsure. I remember one time she didn't want to wear a silver Armani dress, but I convinced her she'd look great in it and I think it became quite an iconic shot of her.

With Her Majesty's portrait, I was commissioned by Camera Press to represent Canada for the Commonwealth of photographers for her Golden Jubilee. All of the photographers were given five minutes with her. I showed up with my Deardorff 10×8 portrait camera and Her Majesty remarked that she'd not seen one of those for a long time. I believe it broke the ice and gave me a few extra minutes as a result.

Music and pictures are universal. There is no language barrier. Is that a key element of your work?

To be honest, I don't analyze my work like that. I just get on with making things as good as I can and I don't do things by halves. For example, I don't have a hobby.

How does the rock star influence the photographer – and vice versa?

Having two sides of creativity is a good thing. When I'm getting too deep into one, the other one is there to give perspective. It's just how things have worked out.

BRYAN ADAMS. EXPOSED

Performer & photographer.

“MY SOURCE OF INSPIRATION
IS THE IDEA OF CREATING
SOMETHING FROM NOTHING.”

What comes first when you are writing songs? Words or music?

Sometimes they come at the same time. It’s interesting, so many times it’s a mumble that turns into a chorus or a verse. Words sometimes just come out when you are jamming.

You like to work with other artists. Can you please describe what was special about your collaboration with Ed Sheeran?

Working with Ed was quick and easy, we exchanged a few e-mails and the song was done. We didn’t actually sit in a room together. That is the way it is with most songs and mixing these days, ideas are always exchanged on e-mail.

When did you discover your ambition to become an artist?

I was interested in music when I was about 8 or 9 and when I was about 14, I discovered singing while walking to school. It was a Stevie Wonder song. From then on, all I wanted was to be in a band. I started to work nights as a dishwasher but I wanted to work nights as a musician.

Can you please share with us which are the top three things for your individual fulfillment?

Family, creativity, and an iced espresso.

Apart from the style of music you produce yourself, what music do you listen to?

Lately, all I’ve been listening to is music that I’m making. I’ve not had time to listen to other records.

When do you feel most authentic?

I always feel authentic, especially when I’m in the bath.

You are a great songwriter; what is your source of inspiration?

It’s the idea of creating something from nothing. The same principle applies to photos. I love organizing a team, which is how most photo shoots end up.

How did you manage to shake off your influences and walk your own path?

I think no matter how influenced you are by what you listen to, your voice becomes the signature of the music. I didn’t really know I could sing, I was just busking it. Today, when people say “I can recognize your voice,” I’m always surprised, but pleasantly surprised.

If your life was an album, what would the title be?

Shine a Light!

Interview: Claudia Schwarz

Text: Anke Degenhard (Bryan Adams is represented by Anke Degenhard [Crossover] worldwide in fine art photography.)



Top picture: Pamela Anderson.
Bottom picture: Mick Jagger.



Top picture: Amy Winehouse.
Bottom picture: Victoria Beckham.



The Queen.

FEBRUARY

PETER LINDBERGH
UNTOLD STORIES
Kunstpalast Dusseldorf, Germany
February 05–June 01, 2020
kunstpalast.de

INVESTEC CAPE TOWN
ART FAIR
CTICC, Cape Town, South Africa
February 14–16, 2020
investeccapetownartfair.co.za

OLAFUR ELIASSON
Guggenheim Museum Bilbao, Spain
February 14–June 21, 2020
guggenheim-bilbao.eus

VIENNA OPERA BALL
Wiener Staatsoper, Vienna, Austria
February 20, 2020
wiener-staatsoper.at

MAY

3DAYSOFDESIGN
Copenhagen, Denmark
May 14–16, 2020
3daysofdesign.dk

PICASSO AND PAPER
Cleveland Museum of Art, USA
May 24–August 23, 2020
clevelandart.org

LANTERN FLOATING
CEREMONY HAWAII
Honolulu, Hawaii, USA
May 25, 2020
lanternfloatinghawaii.com

JUNE

PRIMAVERA SOUND
BARCELONA 2020
Parc del Fòrum, Barcelona, Spain
June 04–06, 2020
primaverasound.com

MANIFESTA 13
Marseille, France
June 07–November 01, 2020
www.manifesta13.org

UEFA EURO 2020
Venues all over Europe
June 12–July 12, 2020
uefa.com

CANNES LIONS 2020:
INTERNATIONAL FESTIVAL
OF CREATIVITY
**Palais des Festivals et des Congrès,
Cannes, France**
June 22–26, 2020
canneslions.com

JULY

23RD SILVRETTA CLASSIC
RALLYE MONTAFON
Montafon, Austria
July 02–04, 2020
montafon.at

NICE JAZZ FESTIVAL
**Théâtre de Verdure de Nice, Nice,
France**
July 17–21, 2020
nicejazzfestival.fr

2020 SUMMER OLYMPICS
Tokyo, Japan
July 24–August 09, 2020
tokyo2020.org

MARCH

RICHARD WAGNER: DER
FLIEGENDE HOLLÄNDER,
PREMIERE GALA
Metropolitan Opera, New York, USA
March 02, 2020
metopera.org

KARL LAGERFELD.
FOTOGRAFIE.
**Kunstmuseum Moritzburg,
Halle (Saale), Germany**
March 08–August 23, 2020
halle-tourismus.de

MIPIM 2020 –
THE FUTURE IS HUMAN
**Palais des Festivals et des Congrès,
Cannes, France**
March 10–13, 2020
mipim.com

FREESKI WORLD CUP
CORVATSCHE
St. Moritz, Switzerland
March 20–21, 2020
corvatsch.ch

APRIL

THEATRICAL RELEASE:
JAMES BOND 007 –
NO TIME TO DIE
Theaters around the world
April 03 / April 08, 2020
www.007.com

SOUND & SNOW GASTEIN
Bad Hofgastein, Austria
April 04, 2020
gastein.com

NIKI DE SAINT PHALLE
MoMA, New York, USA
April 05–September 07, 2020
moma.org

SALONE INTERNAZIONALE
DEL MOBILE
Quartiere Fiera, Milan, Italy
April 21–26, 2020
salonemilano.it

CULTURAL Calendar 2020.

Arts and culture highlights around the globe.



Share
new trends.



Style on the go

Limited-edition leather water bottle set:
a golden water bottle in a smart
brown water bottle holder made
from smooth calf leather.

smythson.com

€475.00



Ciclotte Teckell

Ride in style: the home exercise bike from
Luca Schieppati is a sporty eye-catcher
with a modern design.

ciclotte.com

€12,000.00



Shattered Dreams

A tribute to the NBA legend Michael
Jordan: together with Judson Studios,
Killspencer is releasing a special edition of
its indoor mini-basketball kit.

killspencer.com

USD 12,000.00



London GYM 2.0



With the establishment of the Arts Club in 1863, Charles Dickens laid the foundation for one of the most elite member-only clubs in the British capital. But now, there is a breath of fresh air behind the time-honored brick facade in London's Dover Street – a healthier one than that of earlier days, which was perfumed with cigarette smoke and whiskey vapor. Lanserhof has moved into the building in trendy Mayfair with its “LANS Med Concept,” creating an integrated, holistic approach to improving and maintaining health. A never-before-seen level of physical training!

Lanserhof offers a state-of-the-art fitness studio in combination with innovative medical treatment from globally leading experts and doctors. The new private health club with medical gym covers six stories. The design is minimalist, bright, and friendly. A comprehensive diagnosis takes place before you get started on the high-tech gym equipment. Among other things, the detailed check includes full-body MRT, a cardiovascular screening, and orthopedic examinations. In this way, weak points and imbalances in the body are identified. This can help avoid pain and injuries. The workout can be supplemented by treatments such as acupuncture, physiotherapy, massages, cryotherapy, and vitamin infusions.

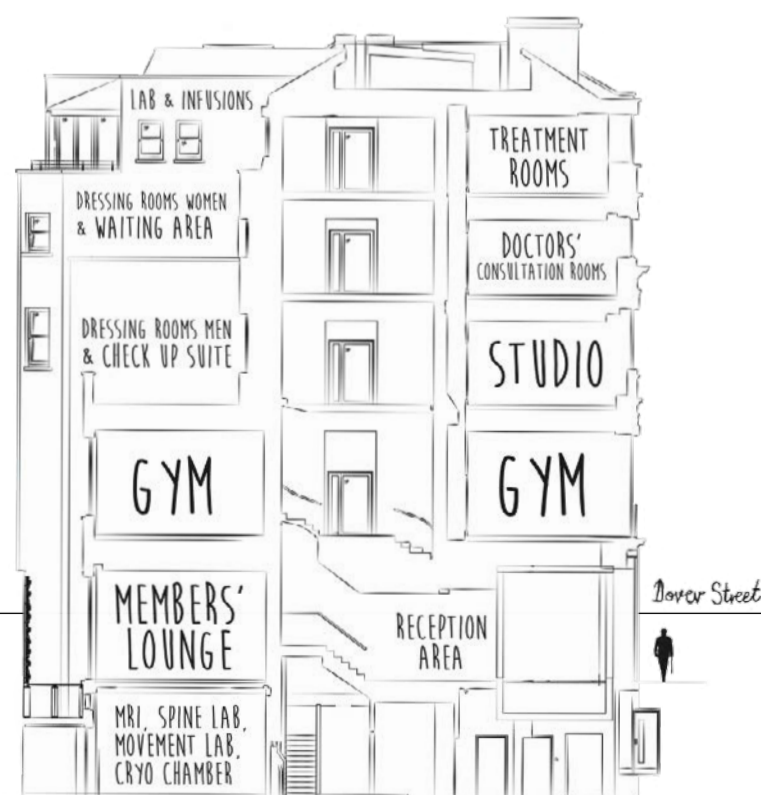
In the lounge, club members can enjoy Energy Cuisine. The philosophy and focus of the cuisine are about consciously getting back to living in the rhythm of nature. Summary: Lanserhof at The Arts Club is designed for health-conscious, luxury-loving people who want to improve their lifestyle and refuel their energy supplies to the maximum.

theartsclub.co.uk

lanserhof.com

Annual fee: £6,500.00

Registration fee: £1,500.00





Christine Theiss

DR. KICK, RELOADED.

She is brimming with joie de vivre, power, and empathy: following the end of her kickboxing career, “Doctor Merciless” has reinvented herself. In the harsh, snowy landscape of northern Sweden, she displays pure emotion!

Photography | Esther Haase

Creative Director: Justina Jarosz
Hair & Makeup: Michael Salmen
Styling: Lara Werner

She follows her own path: Dr. Christine Theiss knows what she wants – and is successful in many fields.



Doctor of medicine, 23-time kickboxing world champion, presenter, ring reporter, author, editor, volunteer, wife, and mother: Dr. Christine Theiss wears many hats – all of them with great success. She proved that once again at the Mercedes-AMG event “Strong Women” in Arjeplog, Sweden, where she impressed equally behind the wheel of a Mercedes-AMG G 63* on snow and ice and as a musher of a team of sled dogs in the wild winter landscape of Swedish Lapland. The latter is no surprise: “I have two dogs and love being in nature with them,” she explains. “I am also active with the rescue dog squad of the Workers’ Samaritan Association. That voluntary activity is absolutely essential for my spiritual balance.”

But the former sportswoman, who achieved her success with an iron will, also feels totally at home behind the wheel: “I like driving a car, even if I do so with ever increasing awareness and less and less often. That means I enjoy feeling the power and luxury in the Mercedes-AMG all the more: the quick reactions of the car to the driver, and experiencing the physical power and yet comfort at the same time.” With her successes in combat sports, at university, and in the media industry, Theiss has become the epitome of the power woman. She knows what she is talking about when she says: “Strong women follow their own path – regardless of what others say. After a defeat, strong women get back up again, straighten their crown, knuckle down, and try again, without repeating their mistakes!”



Kickboxing is in the past – today Dr. Christine Theiss is celebrating life!



*Mercedes-AMG G 63:
Kraftstoffverbrauch innerorts/
außerorts/kombiniert: 17,1–16,5/
11,5–10,8/13,3–13,1 l/100 km
CO₂-Emissionen kombiniert:
304–299 g/km.

For information on the measuring method
and DAT guidelines, see page 5.



FAC TS

Dr. Christine Theiss

Since ending her kickboxing career in 2013, she has worked as a presenter on “The Biggest Loser,” a ring reporter for “ran Kickboxing,” and an editor of Fit for Fun, among other things.

Fights

40, of which 38 won

World titles

23 between 2007 and 2013

Social involvement

With the Workers’ Samaritan Association, Workers’ Samaritan Foundation, and Power-Child

Author

Three books on the subject of fitness and health

Mother & wife

One daughter, husband Hans Theiss

“I AM THANKFUL FOR EVERYTHING
I CAN EXPERIENCE HERE!”

Dr. Christine Theiss,
presenter, ring reporter, author



PERFORMANCE

ON THE EDGE OF THE ARCTIC CIRCLE.

For three months of the year, Arjeplog in Swedish Lapland turns into an oversized adventure playground. From January to March, the AMG Driving Academy uses the lonely ice lakes 70 kilometers (around 43 miles) south of the Arctic Circle for driving training. “Safe driving pushed to the limit, and lots of fun” – that is the motto of the first AMG Winter Sporting for strong women!

Photography | Benjamin Pichelmann

The municipality of Arjeplog has a population of just 0.2 people per square kilometer (0.4 square miles). There are more snowmobiles than women here – something Mercedes-AMG now wants to change! The performance and sports car manufacturer hosted an event for women only there for the first time. The invitees are motorsport-savvy entrepreneurs, VIPs, and big names from fashion and acting, who not only want to have a lot of fun, but also to learn a performance-oriented, safe driving style on ice and snow. At temperatures as low as minus 40 degrees, the AMG team prepares perfect ice tracks every day on the lakes frozen up to a meter (three feet) thick. They are modeled on world-famous racetracks – the perfect basis for maximum driving fun! The strong women: the 23-time professional world champion in kickboxing, Dr. Christine Theiss, designer Nobi Talai, Princess Lilly zu Sayn-Wittgenstein-Berleburg, the actresses Sandra von Ruffin and Brigitte Zeh, and the international photographer Esther Haase. Their goal? Achieving a new level of driving skill and then demonstrating the perfect drift doughnut on ice.

The participants are welcomed to the AMG Lodge in Arjeplog with champagne and a dinner together. The next morning, pulses start to quicken. To kick things off, the instructors give the ladies an extensive safety briefing before they embark on the exclusive outdoor adventure. At the largest and coolest winter car test site in the world, the women can enjoy feeling the DNA of the Mercedes-AMG vehicles and testing everything in the garages. Over the course of the three days of driving training, the participants improve their driving skills in next to no time. Amid the picturesque landscape, they redefine their own boundaries and work together as a close, strong team. The agenda includes maneuvers such as circular drifts, braking, swerving, understeering, and oversteering – the perfect basis for safe and sporty driving in winter! As a final highlight, the women enjoy pure adrenaline during an ice taxi ride with the instructors: the eight cylinders on spike tires in a wild ride over bare ice on a straight track and round spectacularly tight bends make their hearts happily skip a beat.

Full concentration: Claudia Schwarz, CEO of Instyle Productions.



Deeply relaxed: Inga Griesse (l.) and Princess Lilly zu Sayn-Wittgenstein-Berleburg.



“READY TO RUMBLE!
NOTHING IS TOO FAST
FOR ME!”

Sandra von Ruffin,
actress

Center image:
Left to right: ICON editor-in-chief Inga Griesse,
Princess Lilly zu Sayn-Wittgenstein-Berleburg,
ICON marketing manager Nina Forkefeld, and
journalist Gloria von Bronewski.



Right image (left to right): Sandra von Ruffin,
Esther Haase, Dr. Christine Theiss.

To reduce the levels of petrol coursing through their veins, the women follow this experience with the silence of the wonderful Swedish nature. Dog sleds pull the group through the winter forest at breathtaking speed. The beautiful huskies break everyone's hearts with wild barking and enthusiastic joy at the adventure, and open their souls to something that has to be experienced to be described. After warming up in the hot Jacuzzi, dinners together at the Iglootel and Hunting Lodge await in the evenings. The cozy furs by the fireplace of the AMG Lodge offer a chance for relaxation. On the last evening, the participants look back on the adventures of the past days by a campfire with Scandinavian mulled wine and dancing. At the end of this magical time in Swedish Lapland, they all not only feel closely connected, but also part of the world's fastest family.



A great atmosphere: a break from driving
in the Swedish winter wonderland.

L'ART DU PARFUM.

Illustrations | Petra Dufkova

Perfumes made from molecules and agarwood, a tailored individual fragrance, or poetry packaged in a scent: niche perfumes create fragrance notes that are surprising and different. These four perfumers are artists who tell stories and express emotions. They develop fragrances for those who live and love individuality.

SATORI OSAWA

Luxury from a tea caddy.

Kodos is the name for the Japanese art of appreciating fragrances. Satori Osawa from Japan did this by studying fragrance design and perfumery. Later, she created her own brand called Parfum Satori. Her creations are also oriented to Japanese culture. Taking a break several times a day to freshly apply perfume is a common beauty ritual in the Far East. That is why the fragrances from Satori Osawa are refined rather than heavy. Her creation Satori contains a hint of oud derived from agarwood, which costs as much as 10,000 euros per gram. Satori is packaged in a chatsubo, a Japanese tea caddy. The caddy is sealed with a kumihimo knot, traditionally used to protect treasures, as it is here: just 60 milliliters (2 fl. oz) of Satori costs 100,000 yen, or around 800 euros.

parfum-satori.com

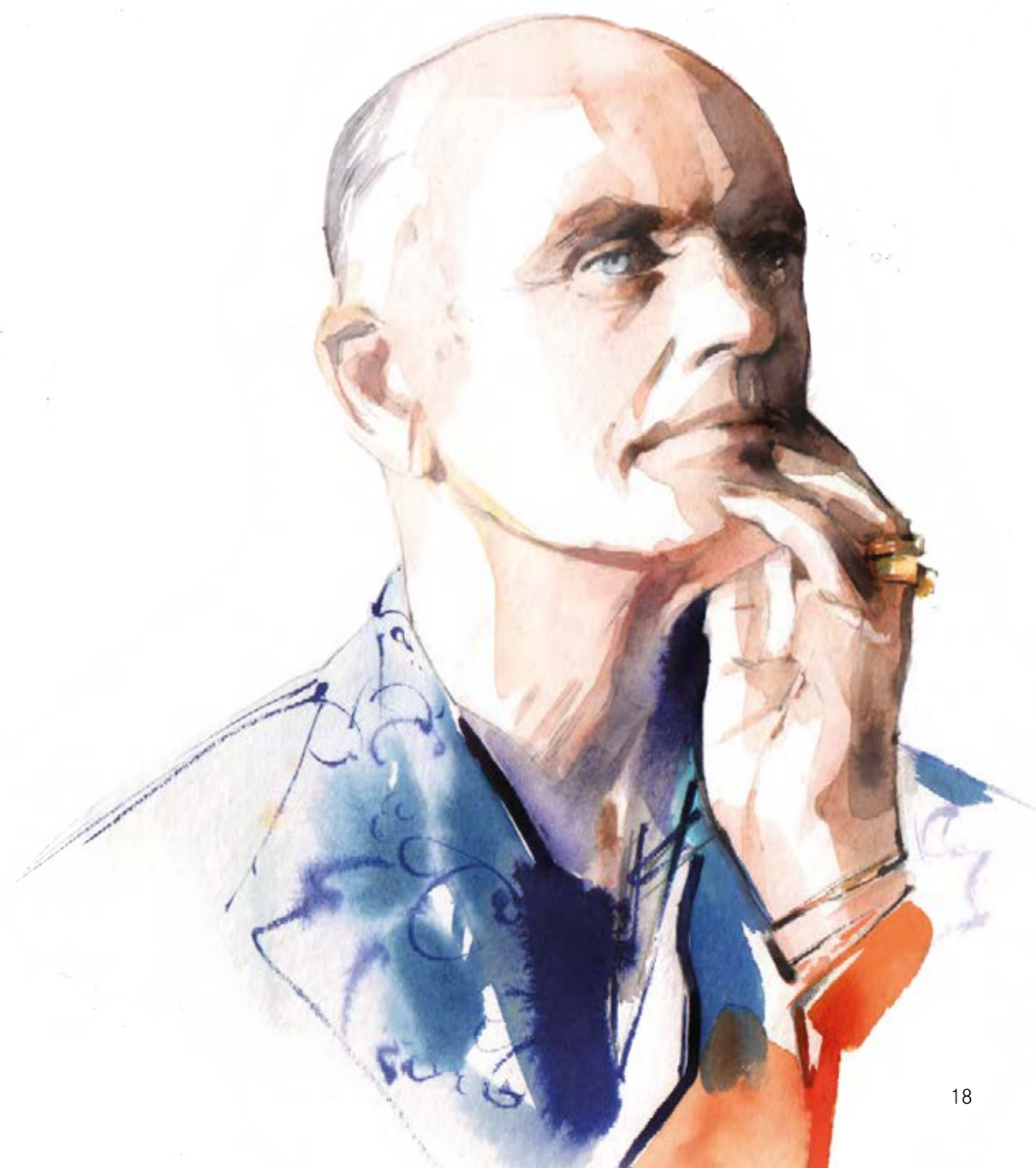


ROJA DOVE

The trend toward individual items.

A perfumer who captures the character of a person in a flacon – that is the Brit Roja Dove. For him, fragrances should retain memories and feelings and bring them back again and again, the same way that the good-night kiss from his freshly perfumed mother stuck in his memory as a fragrance. The British national exclusively uses natural oils and high-quality extracts in his work. On request, Roja Dove creates individual items that reflect the personality of the wearer in a fragrance. That takes time – and money: up to two years and just under 25,000 euros. The flacons of Roja perfume are also works of art, made from crystal glass and gold, wrapped in silk.

rojaparfums.com





PISSARA UMAVIJANI

Poetry and the art of perfumery.

The creations of Thai national Pissara Umavijani combine classic French chic with the elegance of Thailand. Using the name Parfums Dusita, the artist works in her chosen home of Paris with natural aromas from Thai tradition: jasmine, sandalwood, sage, and rose. Her fragrance collection is a tribute to the work of her father, the internationally renowned poet Montri Umavijani. In this way, craftsmanship and poetry are combined. It is not without good reason that the word Dusita stands for pure joy and satisfaction!

parfumsdusita.com

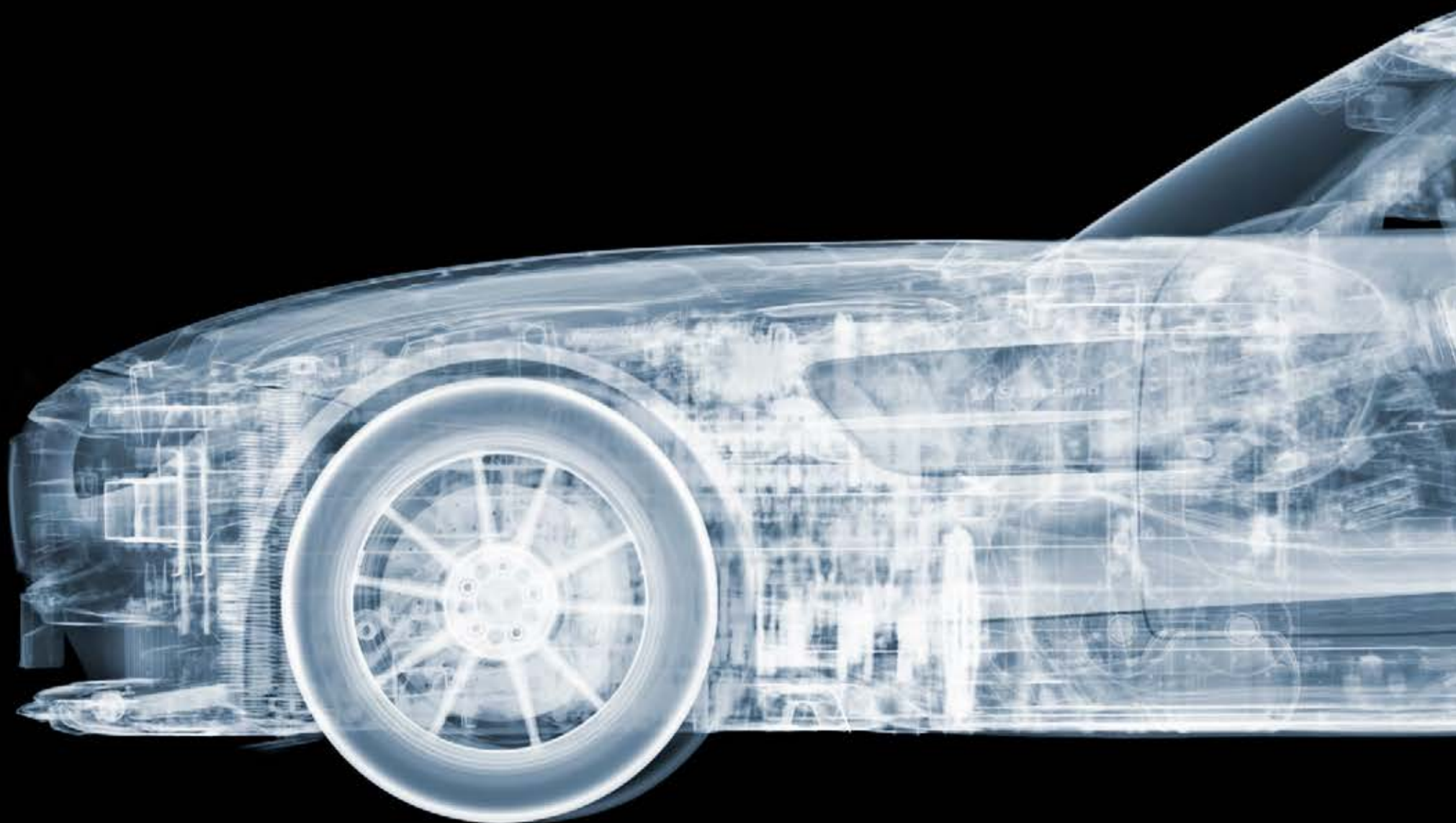
ZARKO AHLMANN PAVLOV

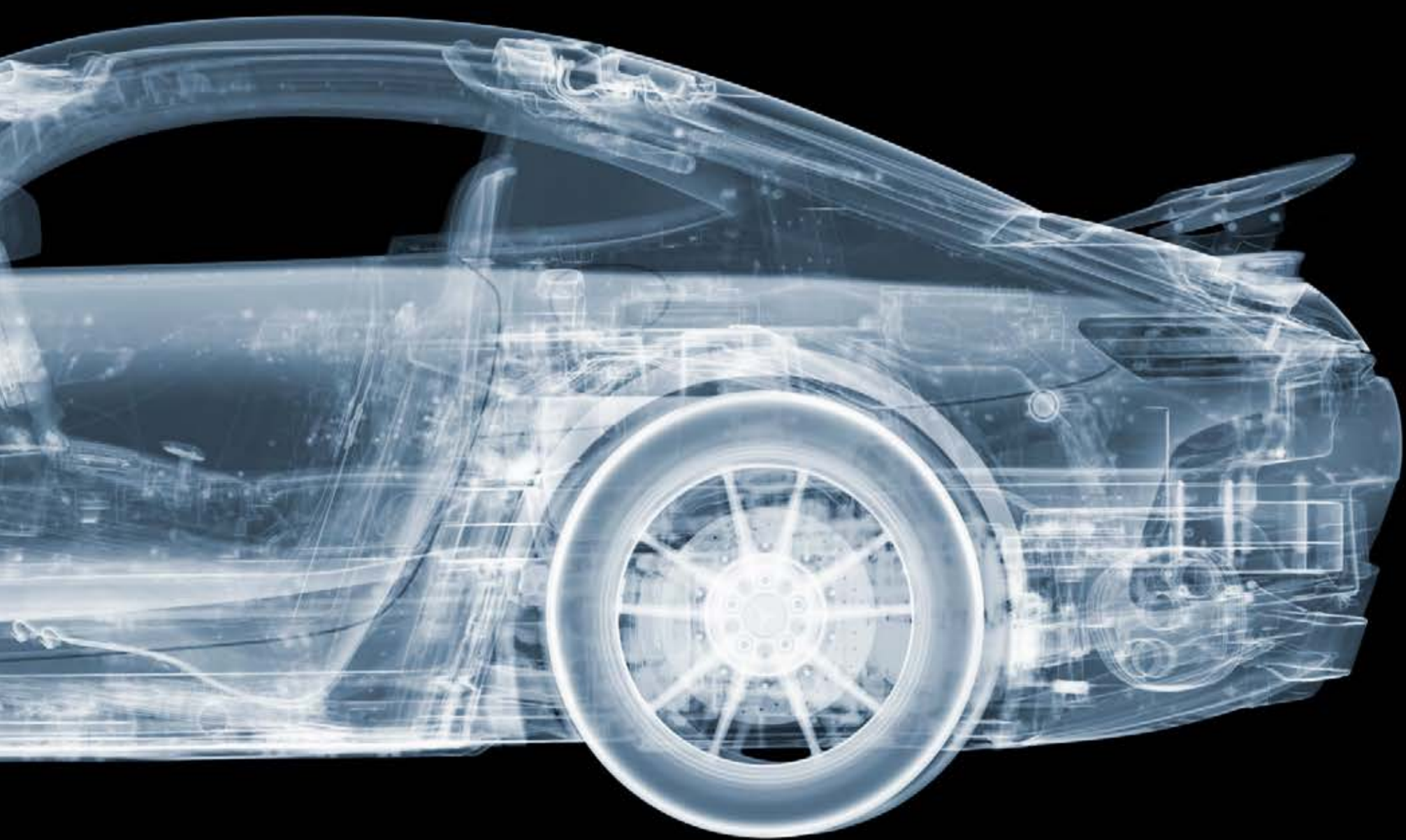
The science of fragrances.

The creations of Danish perfumer Zarko Ahlmann Pavlov have the scent of complete individuality. His trademark: mixing molecular science with traditional perfume craftsmanship. Pavlov develops fragrances on a molecular basis that connect with the individual skin aroma of the wearer after they are applied. That means his molecular perfumes never smell the same on two different people. But it is not only the fragrance creations from Zarko Ahlmann Pavlov that are completely individual – he is, too: Pavlov is the first, and so far only, perfumer in Denmark. His perfume bottles under the Zarkoperfume label are filled by hand at the Copenhagen city gates.

zarkoperfume.com







////AMG

X-ray Art | Nick Veasey
Photography | Jan Hütz

British artist Nick Veasey photographs objects using X-rays – and thereby brings their insides to the outside. 63Magazine sent the Mercedes-AMG GT R Coupé in for an X-ray inspection!*

When we hear the word “X-ray,” most people think of broken bones and hospitals. But not Nick Veasey. The multiple-award-winning English artist scans everything around him to see whether it is suitable for his X-ray photography. He began with a small cola can – and, using this technique, he has subsequently even taken snapshots of entire buses, airplanes, and many other vehicles.

“In my 20s I tried to make a career as a photographer. I wasn’t doing that well, to be honest,” Nick Veasey remembers. “Then I had the opportunity to take an X-ray of a cola can. That was a life-changing moment. I knew I didn’t want to do anything else in my life!”

We meet the London-born artist in the Fraunhofer Institute for Integrated Circuits in Fürth, Bavaria, Germany – the only X-ray system on earth that is large enough to take pictures of an entire car. A few years ago, Nick Veasey started x-raying and photographing classic cars here. Today, though, he has taken on a car that brings together state-of-the-art design and trailblazing technology – the Mercedes-AMG GT R. A nice, if challenging, task: “Modern cars are much more complex,” says Veasey. “They are full of electronics, speakers, safety, crumple zones, and airbags.” He can’t differentiate between these components while taking the pictures. “The X-ray always goes through the whole object. You can’t stop it halfway through.”

Veasey gives the starting signal. The Mercedes-AMG GT R is driven into the hall, positioned on a platform, and lifted with a crane. Together with the scientists of the Fraunhofer Institute, the artist precisely orients the high-resolution X-ray camera. Its lens will take the pictures that will emerge on the surface of a fluorescent screen. This so-called scintillator transforms the X-rays into visible light.

Veasey and all the staff leave the hall. In the anteroom, they tweak the X-ray machine. Using nine mega electron volts, so 9,000,000 electron volts – 20 times that of a conventional X-ray system – the Mercedes-AMG GT R is x-rayed for 20 minutes. With no damage to the people or the machine. “The radiation doesn’t contaminate cars and cans in any way,” explains Veasey. As soon as the machine is switched off, the X-ray radiation abates. Security measures, largely automated, are however necessary. “The systems are designed so the X-ray will only start emitting once everybody or every living thing is out of the room.” Veasey doesn’t take images of living people. To create a similar effect, he uses skeletons.



Nick Veasey – his X-ray vision even penetrates metal!



*Mercedes-AMG GT R Coupé:
Kraftstoffverbrauch innerorts/außerorts/kombiniert:
16,7/9,9/12,4 l/100 km; CO₂-Emissionen kombiniert: 284 g/km.
For information on the measuring method and DAT guidelines, see page 5.

FAC TS

Nick Veasey's X-ray Art

With images of all kinds of everyday objects,
Brit Nick Veasey uses X-rays to create
his unique artworks.

The beginnings

In 1996, Veasey made
his first X-ray artwork.

Current tally

So far, the Brit has x-rayed
over 5,000 objects.

X-raying a car by Nick Veasey

Energy: 9 mega electron volts, duration: 20 min.

X-raying a flower by Nick Veasey

Energy: 40 kilo electron volts, duration: 30 sec.

A few seconds later: the X-ray image appears on the screen. Veasey is excited. With delicate lines, the complex inner workings of the Mercedes-AMG GT R appear on the image. The two-dimensional picture has an unexpected and vivid depth, revealing the passion and enormous technical skill that the AMG mechanics channel into the construction of the sports car.

The image of the Mercedes-AMG GT R on the screen is not yet the finished artwork. Nick Veasey will edit the file at home on the computer. "It is only 80% complete now. I'd like to enhance a few areas – some spokes of the wheels and the steering wheel need to stand out a bit more. I will just manipulate it to enhance it, but it won't change fundamentally."

Studying Nick Veasey's pictures teaches us that if you consider your surroundings carefully, you will always find beauty. Christmas trees, DJ equipment, shoes, whistles – during his "forensic investigations," the artist has teased out the hidden elegance from countless items: the objects' soul. But he is still curious: "When a new invention comes out, I want to x-ray it. Recently, astronaut Tim Peake was the first Brit to fly into space. I'd like to x-ray the capsule in which he returned to earth. That's on my to-do list!"

We can therefore look forward to finding out which everyday objects Nick Veasey will put under the microscope next. Until then, we are enjoying his snapshot of the Mercedes-AMG GT R, which reveals in mesmerizing fashion the sophisticated details that usually stay hidden under its bodywork.

Captivating shapes:
the Mercedes-AMG GT R.





We're off: the Mercedes-AMG GT R is driven onto the lifting platform.



The lifting platform must be precisely oriented before the X-ray images are taken.

“I WILL JUST MANIPULATE THE IMAGE TO ENHANCE IT, BUT IT WON'T CHANGE FUNDAMENTALLY.”



Nick Veasey carefully studies the images before he finishes a snapshot.



Only during post-processing on the computer does the final artwork emerge.



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Pilot's Watch Chronograph Spitfire. Ref. 3879: Only rarely do form and function blend as magically as in the design of the Spitfire. The elliptically shaped wings not only gave the propeller-driven aircraft outstanding flying characteristics, but were also responsible for its perfect silhouette. Like the Spitfire, our eponymous watch line makes no compromises when it comes to engineering and design. For that reason, we equip all our Spitfire models with high-quality in-house movements from Schaffhausen. The puristic instrument-look design was inspired by classic military standard watches such as the Mark XI navigation watch we started producing in 1948 for the British Royal Air Force. More than 80 years after its first flight, we are now sending the Spitfire on its longest-ever journey: Steve Boulton Brooks and Matt Jones are setting off on an adventurous circumnavigation of the globe in their Silver Spitfire. It will take the British airborne icon on a flight of 43,000 kilometres, touching down in 30 countries. There's no dream too big to stop us living it.

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FROM MONK TO HEALING CHAMPION.

Canadian John Stewart has traveled widely and experienced a great deal. After many years in the Himalayan mountains, he is now passing on his knowledge of the world's healing traditions in Thailand – curing people suffering from stress there.

“Every time you make a decision, the course of your life changes,” says John Stewart. The founder of the Thai luxury resort Kamalaya Koh Samui is one of those people with an inner radiance and a magic that captivates immediately. Some call it an aura, others charisma. In any case, its origin, John Stewart would say, lies in trust: trust in your own strength, and your own path. “You have 90 days to live at the most!” How frightening is a hepatitis C diagnosis if you – like John Stewart in the year 2000 – are a 46-year-old who has already seen more than many others do in their entire life? If you have battled forest fires in order to be able to afford your plane ticket to Europe as a young Canadian? If you then crossed 20 countries there by bike, surviving solely on shoots you had cultivated on your luggage rack? If you were taught for 16 years in the Himalayas by Indian monks and the legendary Yogi Babaji? The answer: rather than becoming frightened, you search for healing. John Stewart’s life story begins in Canada and takes in the USA, Europe, India, and Nepal before reaching Thailand. When he was just 15 years old, Yogi Babaji appeared to Stewart in a forest in California. The morning after his high school graduation ceremony, he started his journey to India. It took years for him to arrive there.



“That was an intense spiritual journey,” he says today.

After seven years in North America and Europe, he reached Babaji’s ashram in the Himalayas. He later met his wife Karina, to whom he is still married, there – since 2005, they have run the Healing Hotel & Holistic Spa Kamalaya on the Thai island of Koh Samui. He chose that location because the herbs that grow there cured his life-threatening hepatitis in the year 2000 and because he was fascinated by a cave where Buddhist monks had previously lived. Today, it is the central point of his facility. Stewart gathered expertise from all traditions and created a place where stressed souls can find peace and lasting healing. But above all, he passes on his own experience: “True happiness comes from helping others.” For Karina and John Stewart, “truth, simplicity, and love” are the key to inner satisfaction and a happy life. In addition to detoxes, burnout prevention, world-class life coaching, bodyforming, and much more, their luxurious holistic resort offers an incredibly beautiful location to find yourself and relax. Kamalaya is one of the world’s leading healing resorts – Stewart’s decision to open it has positively changed the course of many people’s lives!

You can find more information on designreisen.com/63Magazine and kamalaya.com





FINDING YOUR ROOTS.

Experiences reappraised: the focus of travel trends is currently on digital detoxing, sustainability, and a whole lot of nature. For many travelers, package trips and long flights are things of the past.

Photography | Martin Cyprian

The travel trend of glamping charmingly combines an outdoor vacation close to nature with a luxurious, classy break. What is particularly attractive about this type of travel is that it could hardly be any more individual. Everyone writes their very own story.

Glamping – a portmanteau formed from the terms “glamorous” and “camping” – promises the relaxed lifestyle of camping, but a luxury version. Thanks to the latest technology, a special feature of these extraordinary adventures is that you can go up to a week without electricity or water. Camping by picturesque lakes or in the middle of the forest, far away from the masses of tourists, gives you a moment of peace and, above all, time to find yourself. A couch and your own kitchen in among the natural world – a romantic vision that has long since become attractive not only to dropouts and lovers of garden gnomes.

Anyone who assumes camping is inferior to a luxury vacation should take a trip with the “Flair” mobile home from Niesmann+Bischoff. The premium manufacturer of the most exclusive mobile homes stands for optimum comfort and maximum freedom, for modern travel and individual solutions. Its innovations have brought numerous awards. High-quality workmanship and many innovations such as flat-screen TVs, luxurious bathrooms, and the highest level of sleep comfort leave nothing to be desired when it comes to amenities. The company from Polch in Rhineland-Palatinate also leads the way when it comes to safety. “Flair” is the first, and so far only, luxury liner to be fitted with airbags – a never-before-seen technical innovation that makes travel even safer.

In line with the motto “the journey is the reward,” our editorial team summarizes like this: this caravan is a luxurious rolling home that completely redefines travel on wheels for us!

Bon voyage!



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Intense Experience

South Africa is a dream travel destination with extraordinary places to stay.

Safari and beach, Michelin-star cuisine, colorful culture, and lots of fun. Here is the diary of our travel expert's ten-day trip full of emotions!



Days 1-3:

Cape Town – freedom and vastness

Cape Town provides me with a very comforting welcome. The private boutique hotel “21 Nettleton” is the ideal place to relax on arrival. The view from the terrace to Table Mountain and over the beaches of Cape Town’s suburb of Clifton is breathtaking. Behind me, the Lion’s Head rises majestically. Around me there is only nature, sea, and mountains. With six individual suites and an art collection that would leave the National Museum pale with envy, the hotel is an oasis of tranquility away from the hustle and bustle of the city.

But after a few hours of relaxation, I set out to immerse myself in exactly that. In ten minutes, I reach the Victoria & Alfred Waterfront and spend some time in the restored harbor district, the picturesque alleys of which are full of life.

The next morning, I head for Table Mountain rested and reinvigorated. The cable car takes me to the main landmark of Cape Town in seven minutes. On a 1.5-mile trail, I walk through Fynbos to Maclear’s Beacon. The feeling of freedom and vastness gives me an initial idea of what awaits me in the coming days.

At noon comes the next highlight, the trip to the Cape of Good Hope. With its 114 bends, Chapman’s Peak Drive is considered one of the most beautiful coastal roads in the world. My driver not only masters the challenges of the road, but also turns out to be a talented tour guide. We visit the famous penguin colony at Boulders Beach, and the Cape of Good Hope. I climb the rocks and pause for a moment. Africa – I’ve really arrived now.

I don’t want to just scratch the surface, so I visit the townships on the third day. I am accompanied by a guide, which allows me to connect and gives me a better understanding of many things. To process the emotional and moving experience, I travel to Noordhoek Beach, a little more than 20 miles away, and go for a ride. Wide dunes and a white, sandy beach: this coastal paradise is one of the most beautiful beaches in South Africa.

21 Nettleton: 21nettleton.com



Days 4-5:

Stellenbosch – paradise for wine connoisseurs

The next morning, I leave Cape Town and travel to Stellenbosch. My home there is the Delaire Graff Estate, a winery with two prize-winning restaurants, luxury boutiques, and a spa area – not only a dream destination for gourmets, but also for art lovers. The personal art collection of hotel owner and jeweler Laurence Graff offers a carefully curated showcase of South Africa’s best contemporary artists. For me, this is only surpassed by the wonderful nature and the view of the Winelands. Of course, I couldn’t miss out on a visit to the best wine cellars. On my tour through the idyllic Blaauwklippen, Hartenberg, Morgenhof, Overgaaauw, and Simonsig wineries, I discover excellent wines, small markets, and lots of cheerful people.

Delaire Graff Estate: delaire.co.za



Days 6-7:

Sabi Sands Game Reserve – a game drive in bushland

I fly from Cape Town to Skukuza. From there, I head to Lion Sands Ivory Lodge at Sabi Sands Game Reserve in Kruger National Park. The lodge on the banks of the picturesque Sabi River lives up to its reputation as one of Africa’s most luxurious wildlife lodges. I move into one of the eight huge villas, the furnishings of which are natural and sophisticated in equal measure and make me feel immediately at home – or would if it weren’t for the cheeky monkeys. Take your eye off them for a moment and they are everywhere. My workout today is limited to monkey hunting – in the house! I am settled and, at the same time, almost hypnotized by the peaceful herd of elephants who march right past my veranda to the waterhole where a group of giraffes had already taken their place some time ago.

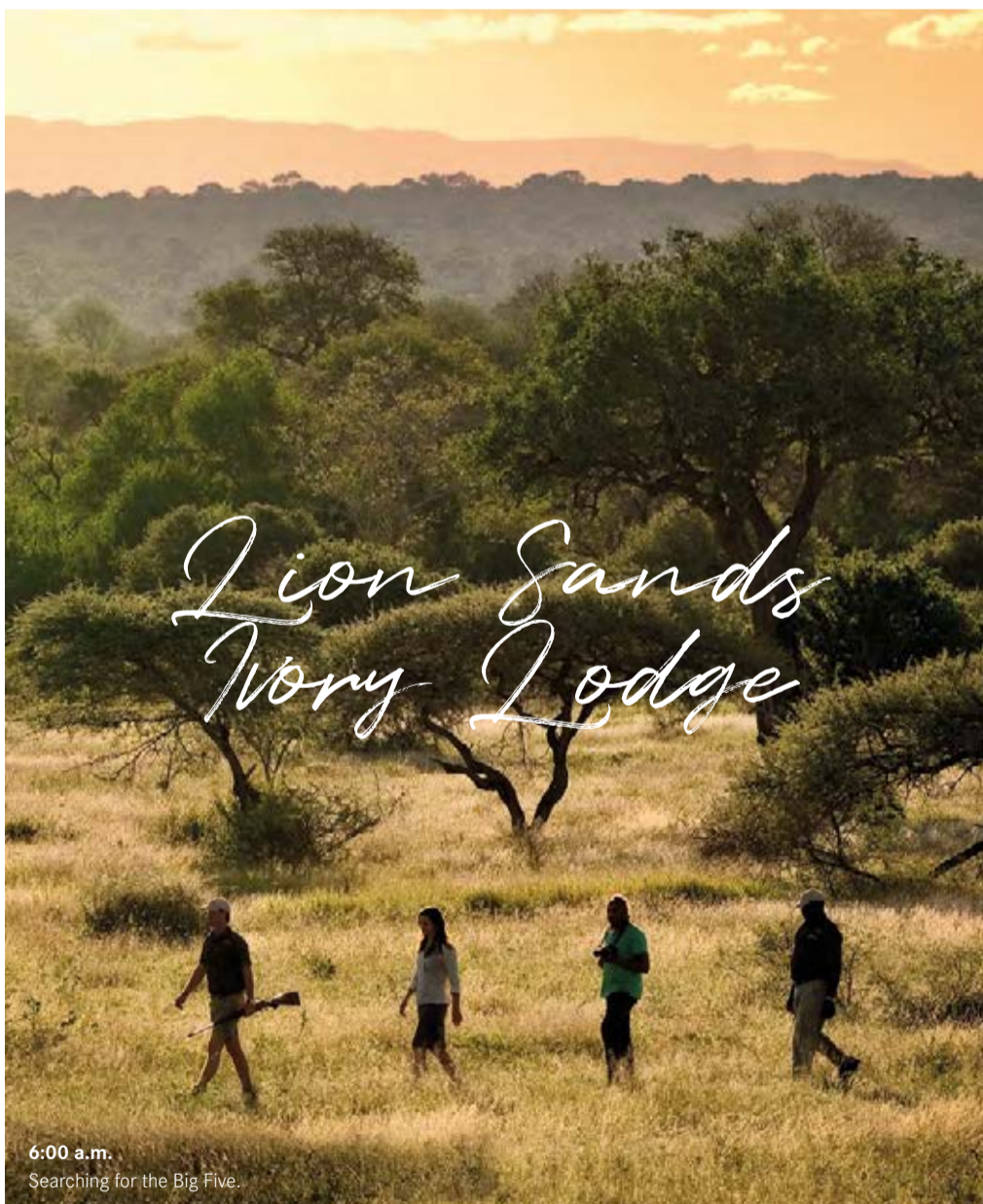
The next morning means an early start: a safari on the Lion Sands Game Reserve, which is the only private reserve partly in the Sabi Sands Game Reserve and partly in Kruger National Park, is on the agenda. Thanks to the experienced guides, I experience the African wildlife up close on the game drive through the bushland. I hardly dare to breathe when a leopard passes by and I notice the thundering hooves of the buffalo herd behind us.



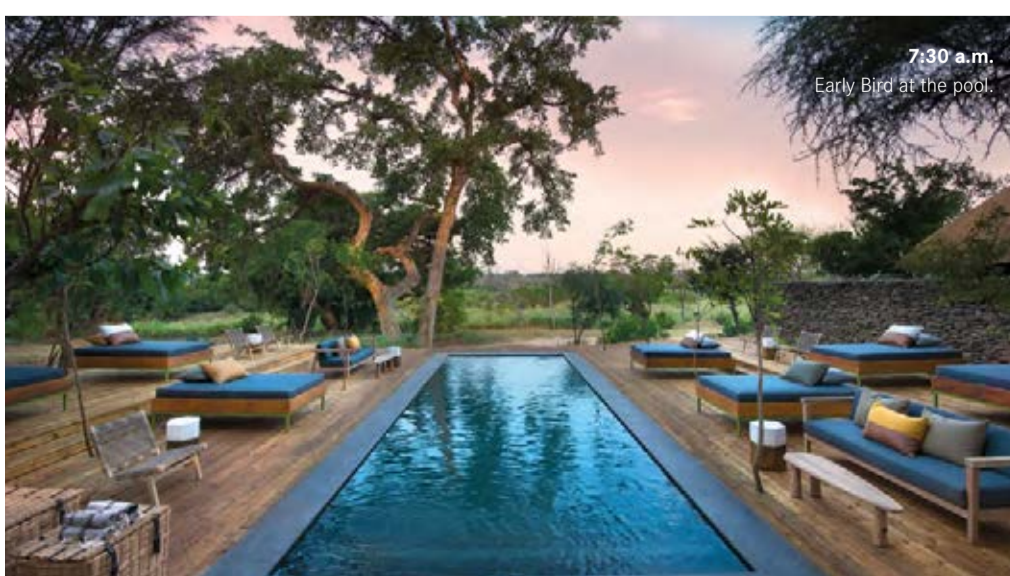
5:00 p.m.
This lodge leaves nothing to be desired.



6:30 p.m.
One of the eight roomy villas at Lion Sands Ivory Lodge.



6:00 a.m.
Searching for the Big Five.



7:30 a.m.
Early Bird at the pool.

Back at the lodge, a breakfast that leaves nothing to be desired awaits me. In the afternoon, I start a second ride. Elephants, rhinos, buffalo, lions, leopards – I actually get to see all the “Big Five” in one day and can’t help but continuously marvel and take snaps! To bring the day to a close, the guides take me to a place where I can enjoy the sunset with snacks and a gin and tonic.

I will never forget the dinner at the Lion Sands Restaurant. In the moonlight, I enjoy a bush barbecue and fantastic wine until a young elephant, followed by his admonishingly trumpeting mother, scampers through the middle of the restaurant and, for a moment, stirs up a commotion.

After a short shock, I just feel happy and can’t stop laughing – after all, how many people can say, “An elephant crashed my dinner”? At night, I light the fire on my veranda and keep my eyes open – it’s just too beautiful to sleep.

Lion Sands Ivory Lodge: lionsands.com



7:00 p.m.
For adventurous nights:
a tree house at Lion Sands Ivory Lodge.

Days 8-9:

Kruger National Park – a fantastic world of animals

I fly in a Cessna with a very personable pilot to the Satara Airstrip and continue to Singita Lebombo Lodge in the southeast of Kruger National Park. It is located high above the N’wanetsi River and offers a unique view over rich vegetation. I get settled in one of the 13 suites, which invite you to enjoy relaxation and 24-hour safari life with their mix of lots of wood and large glass walls. From my suite, I watch a female hippo enjoy her afternoon snack below me while I myself savor some coffee and oat cookies.

The next day, I once again experience the incredible wildlife of Africa with great guides on two safaris through the 18,000-hectare private game reserve of the Singita Group. In the evening, as I look at the starry night sky, I am overcome by a heavy melancholy, coupled with infinite gratitude for what I have experienced – unfortunately, tomorrow is the last day of the trip!

Singita Lebombo Lodge: singita.com



8:00 a.m.

An impressive view:
pachyderms in the wild.



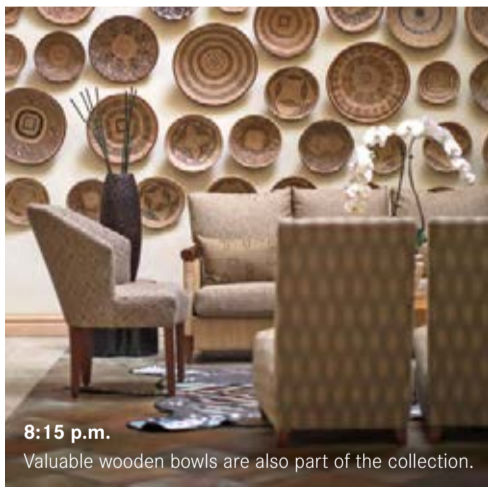
2:50 p.m.

Cooling off in the pool.



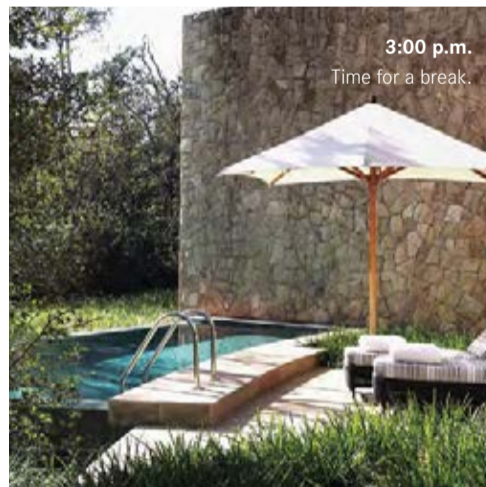
7:30 p.m.

An impressive art collection: The Saxon.



8:15 p.m.

Valuable wooden bowls are also part of the collection.



3:00 p.m.

Time for a break.

Day 10:

Johannesburg – a bustling metropolis

The end of my trip is a stay in Johannesburg. The exclusive rooms, the art collection, the spa, and the lunch in the heavenly park of the five-star hotel “The Saxon” almost make me forget that I am in the heart of the city. Johannesburg is not generally considered a tourist attraction, but it proves to be a very exciting metropolis. On a tour in the afternoon, I visit the central business district, the traditional healing markets, and the bustling Hillbrow neighborhood. Crossing the Nelson Mandela Bridge, I reach the vibrant cultural district of Newtown. The end of my trip is a visit to Nelson Mandela’s former residence, which now houses a small, but deeply touching, museum. Far too soon, my trip is over. See you again, South Africa!

Saxon Hotel: saxon.co.za

THIS TRIP WAS DESIGNED BY:



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Find more information on amg4.me/63Magazine and designreisen.com/63Magazine

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WORK HARD, PLAY FAIR!

Luke Dale-Roberts is South Africa's most acclaimed chef.

A creative, hard-working gentleman, warmhearted father, husband, and outstanding leader who has strong and super-clear values. As owner of Cape Town's The Test Kitchen, the Brit is famous for his top-shelf cooking style. The waiting list for a table in his restaurant is longer than six months.

"A treat for the senses in a quirky, industrial space": Cape Town's The Test Kitchen is ranked at #44 in the 2019 list of the World's 50 Best Restaurants. Its celebrated chef, British-born Luke Dale-Roberts, trained in Switzerland and England before heading to Asia for five years, where he launched several restaurants. He moved to Cape Town in 2006 and became head chef of La Colombe in Constantia before he opened The Test Kitchen in Woodstock in 2010.

Have you always been interested in cooking?

I used to cook a lot with my mum. But I really started cooking when I left school at the age of 16.

Has your mother tried your food?

My mum loves my food! She is really proud.

Where do you find inspiration for new dishes?

I find inspiration everywhere. I always keep my senses turned on. The seasons obviously drive my inspiration.

How do you feel about sustainability?

This is incredibly important. We use more and more regional products as there are more and more local suppliers and farm products.

Being a chef is one of the hardest professions. How do you keep yourself motivated?

I get the strength from my family and the team I work with. They are all eager to learn. It is up to me to be strong and impart my knowledge to them.

What do self-realization and freedom mean to you?

It is all about achieving your goals and being content with what you have achieved.

You are very successful. How do you handle fear and doubts?

I always remember my core values: honesty, kindness, and generosity. Everyone experiences fear as they grow in life. But you have to stay grounded and faithful that everything will be okay as long as you live your life honestly.

Can you give any advice to people who strive for success?

Be willing to work hard, be committed, and stay focused.

Any cool insider tips for Cape Town?

Old Mac Daddy in Elgin is great for families. You sleep in converted Airstream trailers. And I recently went on a beautiful surf trip to Elands Bay on the West Coast with my son. My favorite bar is The House of Machines in Shortmarket Street.

CONTACT
THE TEST KITCHEN,
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375 ALBERT ROAD,
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THETESTKITCHEN.CO.ZA



Luke Dale-Roberts is South Africa's leading chef.



Assette of Goat and Spring Lamb.

Cape Town CITY HITS.

The South African metropolis near the Cape of Good Hope is a vibrant melting pot full of top-class locations: here are the hottest tips for an unforgettable stay in Cape Town!

STAY



THE SILO

Probably Africa's most expensive hotel, right on the waterfront: The Silo combines modern design and industrial infrastructure!

theroyalportfolio.com

ART



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stevenson.info

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southernguild.co.za

TASTE



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lacolombe.co.za



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An exquisite South African art collection, a cellar of fine wines, and excellent cuisine: one of the best locations in the city!

ellerman.co.za



ZEITZ MOCAA MUSEUM

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zeitzmocaa.museum



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missibaba.com



THE HOUSE OF MACHINES

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thehouseofmachines.com

